



# Sample Upper Primary program

## Monday xx Friday xx<sup>th</sup> 2025



**Year level (numbers):** Group 1: Year 5-6 (56)

Group 2: Year 5-6 (72)

APOS COORDINATOR:

**Staff / Parents:** Group 1:  
 Group 2:

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.20		Breakfast duty group	Breakfast duty group. Pack gear. Sweep dorms.	Breakfast duty group	Breakfast duty group. Pack gear. Sweep dorms.
7.30		<b>BREAKFAST</b>	<b>BREAKFAST</b> Take gear to gym	<b>BREAKFAST</b>	<b>BREAKFAST</b> Take gear to gym
9.00	10am Group 1 arrives, welcome, bags to dorms, emergency drill.	A Bush Survival B Bush Survival C Bird Ecology D Freshwater Life	A Freshwater Life B Bird Ecology C Bush Survival D Bush Survival	A Freshwater Life B Aboriginal cultures C Mission Survival D Orienteering E Orienteering	A Mission Survival B Orienteering C Freshwater Life D Aboriginal cultures E Aboriginal cultures
10.30	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA (shared)</b>	<b>MORNING TEA</b>	<b>MORNING TEA (shared)</b>
11.00	Orientation to Arbury Park • APOS values • Discovering Arbury Park	A Bush Survival B Bush Survival C Freshwater Life D Bird Ecology	A Bird Ecology B Freshwater Life C Bush Survival D Bush Survival	<b>11:00 MORNING TEA</b> Orientation to Arbury Park • APOS values • Discovering Arbury Park	A Orienteering B Mission Survival C Aboriginal cultures D Freshwater Life E Freshwater Life
12.30	<b>LUNCH</b> (demo recycling duty)	<b>LUNCH</b> (recycling duty)	<b>LUNCH</b> (recycling duty)	<b>LUNCH</b> (demo recycling duty)	<b>LUNCH</b> (recycling duty)
1.30	Web of Life game	Elective activities: • Nestboxes • Earth art • Orienteering • Bridgewater hike (planting)	Group 1 end of camp reflection Depart approx 2.00	<b>1.00 LUNCH</b> 2pm Web of Life game	Mt George hike (4 groups)
	<b>3.00 AFTERNOON TEA</b>	<b>2.45 AFTERNOON TEA</b>	<b>3:15 AFTERNOON TEA</b>	<b>2.45 AFTERNOON TEA</b>	<b>Camp purpose</b>
3.15	3.30 Forest walk • Camp intentions • Acknowledgement of Country • Quiet spot  Overnight briefing	Second elective session (as above)	3.45pm Forest walk • Camp intentions • Acknowledgement of Country • Quiet spot  Overnight briefing	Mt George hike continued	
4.30	Unprogrammed time	Unprogrammed time	Unprogrammed time	Unprogrammed time	
5.20	Dinner duty	Dinner duty	Dinner duty	Dinner duty	
5.30	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	
7.00	Evening activities Eg night walk, campfire, Trent Hill	Evening activities Eg talent show, quiz night, spotlight walk.	Evening activities Eg night walk, campfire, Trent Hill	Evening activities Eg talent show, quiz night, spotlight walk.	