

What to bring to camp

In the outdoors, students should be appropriately clothed so that they are comfortable and safe in cold, wet or hot, dry conditions, depending on the season. It is important to allow for extremes that can be encountered at the time of year you are coming to Arbury Park. Encouraged parents and students to consider the 4-day weather forecast when packing for camp. Please label everything.

Clothes – pack enough for the length of your camp and include spares.

- Socks
- Underwear
- Tracksuit / pyjamas / evening clothes
- Shoes / sneakers *(for safety, students MUST wear socks and enclosed shoes for all outdoor activities)*
- Thongs for the shower
- Pants/shorts
- SunSmart shirts/tops with collars and longer style sleeves. NO singlet tops or midriff tops.
- Broad brimmed hat or legionnaires style hat during terms 1, 3 and 4 (August-May)



Summer – pack to keep cool, prevent heat stress and prevent skin exposure to UV radiation.

- Lightweight long sleeved shirts with collar
- Personal water bottle

Winter – pack to keep warm and dry. Dress in layers

- Waterproof raincoat with hood
- 1 or 2 fleece or woollen jumpers
- Beanie
- Rubber boots (if the forecast is wet weather)
- Spare clothing including socks and footwear



Sleeping requirements

- Pillow and pillow slip
- Sleeping bag
- Fitted sheet

Other

- Torch
- Bag for dirty or wet clothes
- Toiletries (toothbrush and paste, soap, brush, sunscreen, deodorant)
- Medication (asthma pumps and epipens to be carried by the student in a small backpack).
- Towel

This is a generic list – please add or omit gear according to the length of your camp and the time of the year.

What NOT to bring

All food will be provided. Students must not bring any food with them. This includes lollies.